

Who can help
with school clothes?

I can't afford
child care!

How do I file
a restraining order?

My family needs
emergency shelter!

My father needs
a wheelchair, is
there help for that?

We can't pay
our \$72 gas bill.

We Know the Best Way to Help.

We will refer you to health and human services providers, government agencies or community-based organizations that can help.

Call **2-1-1** and we'll provide referrals for questions on:

- FINANCIAL ASSISTANCE
- MENTAL AND PHYSICAL HEALTH SERVICES
- YOUTH AND FAMILY SUPPORT
- FOOD ASSISTANCE
- DOMESTIC VIOLENCE
- AND MUCH MORE.

DIAL 211



United Way
of Eastern New Mexico